NOVEMBER 2026

Happy Thanksgiving

26540 Vista Rd. PO Box 359 Helendale CA 92342 | 760-951-0006| Our office is open Monday – Friday 8 am – 5:00 pm

Board Meetings are held on the 1st & 3rd Thursday of every month at 6:00 pm

FROM HELENDALE COMMUNITY SERVICES DISTRICT

A Season of Gratitude

Happy Thanksgiving from HCSD

As Thanksgiving approaches, the Helendale Community Services District would like to express our sincere appreciation for the community we are honored to serve.

Thanksgiving is a time to pause, reflect, and appreciate the people, moments, and blessings that enrich our lives. It reminds us that even small acts of kindness can make a meaningful difference.

Gratitude has a beautiful way of changing how we see the world. It reminds us that life's greatest blessings are often found in the simplest moments—a helping hand, a kind word, a shared laugh, or the comfort of knowing we belong. When we choose to recognize these gifts, we discover just how much there is to be thankful for.

While life is not always without challenges, gratitude helps us focus on the good around us, the people who support us, and the connections that bring us together. It reminds us that kindness, compassion, and community remain important every day of the year.

We are especially thankful for our residents, employees, volunteers, community partners, and sponsors whose support helps make our programs and District services possible. Your involvement strengthens our community and helps make Helendale a special place to call home.

This Thanksgiving, we hope you are surrounded by good company, filled with gratitude, and reminded of the many blessings—big and small—that make our community so special.

The strength of a community is found in its people—working together, supporting one another, and creating a place we are all proud to call home.

HELENDALE YOUTH BASKETBALL LEAGUE



AGES 5 – 14

SEASON: January 9 – February 27

GAMES: Saturdays at ACE High School Gym

COST: $80 Includes uniform and award at the end of the season.

DEADLINE TO REGISTER
To be included in the draft:
DECEMBER 4 BY NOON
Late registrations will be added to a waitlist. After December 4, registration goes up to $90.

MANDATORY COACH MEETING
NOVEMBER 18TH 6:00 PM
Helendale Community Center
26540 Vista Rd. Suite C

Register at **www.helendalecsd.org**

HELENDALE YOUTH CHEER



AGES 3 – 12

SEASON: January 9 – February 27 Saturdays at ACE High School Gym

CHEER: Saturdays at ACE High School Gym

COST: $80 Includes uniform and award at the end of the season.

Sign Up By December 4

Coaches Needed!

Register at **www.helendalecsd.org**

HELENDALE THRIFT STORE



- NEW ITEMS DAILY
- FURNITURE, CLOTHING, BOOKS & HOUSEHOLD GOODS
- RECYCLE ELECTRONICS, MATTRESSES, GREEN WASTE & CARDBOARD
- REVENUE SUPPORTS PARKS & RECREATION

26540 Vista Rd., Suite A
HELENDALE, CA

MONDAY – SATURDAY
11 AM – 5 PM

DONATE • SHOP • SUPPORT YOUR COMMUNITY

Community Meetings & Hours

HCSD Board Meetings	1st and 3rd Thursday of every month at 6:00 p.m. Agenda materials online at www.helendalecsd.org
CERT Meetings	Second Tuesday of every month from 6:00 – 7:00 p.m.
Senior Center	Open Monday – Friday from 10:00 a.m. – 2:00 p.m.
Senator Rosilicie Ochoa-Bogh Office Hours	December 15th from 11:00 a.m. – 1:00 p.m.

SENIOR CENTER Lunch

A WARM WELCOME & GREAT MEAL



- **CONNECT** with neighbors and friends
- **ENJOY** a delicious meal
- **GOOD COMPANY**

For seniors 60 and over, a voluntary $5 donation is suggested.

Attendees under 60 can enjoy lunch for **$13.00.**

Helendale Community Center – Senior Center
26540 Vista Rd., Suite C, Helendale

For more information, visit www.helendalecsd.org

November Office Closures

The Helendale Community Services District office will be closed in observance of the following holidays:

Wednesday, November 11 – *Veterans Day*
Thursday, November 26 – *Thanksgiving Day*
Friday, November 27 – *Day After Thanksgiving*

We wish everyone a safe and Happy Thanksgiving!

NOVEMBER PILATES

MAT PILATES | NOV 1 – 30, 2026

TUESDAY 7:00 PM	**Full-body focused** CSD Unit C
WEDNESDAY 9:10 AM	**Full-body focused** CSD Unit C
THURSDAY 7:00 PM	**Full-body focused** CSD Unit D
FRIDAY 9:10 AM	**Lower-body focused** CSD Unit C
SATURDAY 9:10 AM	**Full-body focused** CSD Unit C

NO CLASS | NOVEMBER 25 – 27

Bring mat & water • $5 per class • RSVP
Please arrive 5 – 10 minutes early

REGISTER: @MOVE TO THE MAT
movetothemat@gmail.com

Keeping the Sewer Pipes Clean

Avoid FOG: Fats, Oils & Grease don't go down the drain





Avoid FOG

Pour cooled fats, oils, and grease into a container and place it in the trash. Never pour oil, bacon grease, shortening, butter, salad dressing, sauces, cream, or mayo into the drain or toilet.



Keep the Sewers Fat Free

Wipe down dishes and cookware to remove grease rather than running water over them. This saves water and helps keep FOG out of the sewer. Don't use cloth towels because the grease will end up in the sewer when you wash them.



Use a Strainer in the Sink

Place a strainer in the sink to catch small scraps of food. Food scraps big and small can clog wastewater lines.



Save the Pipes and Don't Flush Wipes

Don't flush wipes down the toilet. Even "flushable" wipes cause problems in wastewater pipes. They don't break down like toilet paper and can contribute to clogs.

With the Holidays Approaching...



Let's keep our sewers happy! Properly dispose of cooking fats, oils, and grease (FOG) from holiday meals.



Small kitchen habits make a big difference!