

# OCTOBER 2025 NEWSLETTER

26540 Vista Rd. PO Box 359 Helendale CA 92342 | 760-951-0006 Our office is open Monday - Friday 8 am - 5:30 pm

## FALL CLEANUP DAY OCTOBER 25<sup>TH</sup> 8:00 AM - 11:30 AM

26540 Vista Rd. Helendale – Enter on Jordan Rd.

Helendale CSD will be holding our annual fall clean up at the Community Center — 26540 Vista Rd. Accepted items: general trash, large items, electronic waste, green waste, and tires without rims (no commercial tires please). Please note there will be **NO SHREDDING.** 





## HOUSEHOLD HAZARDOUS WASTE

Residents may bring antifreeze, batteries, oil and filters, paint, pesticides and fertilizers, fluorescent light bulbs and tubes, home generated needles, prescription and over the counter medication (except controlled substances). Transport no more than 15 gallons or 125 lbs. in containers no larger than 5 gallons. Containers must be sound and not leaking. No business waste will be accepted. For HHW ENTER ON VISTA RD.

## **VOLUNTEER TO CLEAN UP THE DESERT**

You can make a difference! Participate in our community clean up as an individual, community group, business or family! Groups will meet at the CSD at 7:30 am to get gloves, safety vests and bags. Volunteers will not have to wait in line to drop off.

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." – Margaret Mead

## FREE COMPOST

Compost will be available at the cleanup. Residents must bring their own shovels and bags/containers for compost.

## **HOLIDAY BOUTIQUE**

#### NOVEMBER 8TH FROM 8 AM - 1 PM

Sign up to sell crafts, jewelry, handmade items and more at the Holiday boutique. Vendors can set up inside Suite C. beginning at 7 am. Please bring your own tables and chairs.
Limit of one space per person.

# Do You Have... The Right Stuff?

#### Win \$100 if you recycle the right stuff!

Residents who recycle correctly help keep rates lower for everyone and lower the amount of trash going to the landfill! You can help by taking the Recycling Challenge!!! For rules and the entry form go to <a href="https://www.helendalecsd.org">www.helendalecsd.org</a> or visit the office. Winners will be selected in October and November.

## COMMUNITY LUNCH: A Warm Welcome & Great Meal

Looking for a delicious, affordable lunch in a friendly community setting? We invite everyone to join us for our weekday lunch held **Monday through Friday from 11:30 AM to 12:30 PM**. Lunch is open to everyone. For seniors 60 and over, a **voluntary \$4 donation** is suggested, while attendees under 60 can enjoy lunch for **\$7.50**. Menus are available online at www.helendalecsd.org



#### Activities at the Senior Center

MONDAY at 10 am WII Bowling & 12:30 pm Mexican Train

TUESDAY at 12:30 pm Mexican Train

WEDNESDAY at 10:15 am Tai Chi & 12:30 Mexican Train

**THURSDAY** at 10:00 Pinochle & 12:30 Mexican Train and on the 1<sup>st</sup> & 3<sup>rd</sup> Thursday

BINGO at 10 am

FRIDAY at 10 am Bridge and Texas Hold 'Em

**CELEBRATE BIRTHDAYS WITH US!** On the 2<sup>nd</sup> Thursday of the month join us for our monthly birthday party at 1 PM. Belview Hospice generously provides the cake every month for the birthday celebrations!

## Youth Basketball Registration is Open

Open ages 5 -17

Season: January 10 – February 28

Games: Saturdays at ACE High School Gym

Cost \$80 – includes uniform and award at the end of the season.

Register at <u>www.helendalecsd.org</u> – click on the park and recreation button.

If you would like to volunteer to coach, please send us an email or call us at 760-951-0006!

SIGN UP BY DECEMBER 8th - The Draft will be held mid December.

## Youth Cheer Registration is Open

Open ages 3 - 14

Season: January 10 – February 28

**Games:** Saturdays at ACE High School Gym

Cost \$80 – includes uniform and award at the end of the season.

Register at <u>www.helendalecsd.org</u> – click on the park and recreation button.

Cheer advisors needed – send an email to <u>carmen.arr.mac@gmail.com</u> if you would like to volunteer!

SIGN UP BY DECEMBER 8th - The Draft will be held mid December.

#### **Mobile Medical Services**

St. Mary Neighborhood Health with Providence is offering Mobile healthcare. Services include: Pregnancy testing and prenatal care; sameday urgent care sick visits; annual physicals and well-woman exams; chronic disease management for diabetes and blood pressure; cancer and TB screening; sports and work physicals; health education and support groups; nutrition and weight management, counseling and community referrals; telehealth/virtual visits; and electronic medical records through the MyChart app. Patient advocates are available to assist you with medical enrollment. Accepting Uninsured, Medi-Cal, and IEHP-Direct. To schedule an appointment, call (760) 946-8169.

9 26540 Vista Rd., Suite C, Helendale, CA 92342

Second Tuesday of every month from 10:30 AM – 3:00 PM

# Group Sound Bath Fridays 5:30 – 6:30 PM

Experience a crystal bowl sound healing bath. Sessions are held in the CSD Community room. Group sessions are \$25 a person. Reserve your spot by texting 805-674-0515 or email totalityhealing@outlook.com

#### **Upcoming Closures**

The Office will be closed on Tuesday November 11<sup>th</sup> in observance of Veterans Dav.

The Thrift Store will be closed on November 20<sup>th.</sup>

#### **Helendale CERT**

Are you interested in helping in the event of an emergency? Do you want to learn about what you can do to be prepared? Attend our monthly CERT meetings on the first Monday of every month at 6:00 pm. For more information, or if you have questions, contact our CERT commander Angela Rosenberg at 760-271-3904 or at angelaroses70@yahoo.com

#### **Board Meetings**

The Helendale CSD Board of Director's meet on the First and third Thursday of every month at 6:00 PM. The public may attend in person or virtually. Virtual meetings are held via Zoom - the access code is 463 173 8547 and the passcode is HCSD. Full agenda packets and links to our meetings can be found under the agenda tab at www.helendalecsd.org.

## Sign up for ACH

Stop worrying about due dates - it's time to switch to ACH payments!

•Never miss a payment! Payments come out on the last business day of the month. It's FREE: No convenience fees!

Bring in a voided check and fill out the ACH form and get started today!

## **Legislative Office Hours**

A representative for **Congressman Jay Obernolte** will be at the Helendale CSD on October 21<sup>st</sup> from 2:30 pm – 5:00 pm.

A representative for **Senator Rosilicie Ochoa-Bogh** will be here on December  $16^{th}$  from 11 am -1 pm. Everyone is welcome! Representatives will be able to answer questions and assist with a variety of issues. No appointment needed.

Location: 26540 Vista Rd. Suite C.