



26540 Vista Rd. PO Box 359 Helendale CA 92342 | 760-951-0006 Our office is open Monday – Friday 8 am – 5:30 pm

In the Spirit of Thankfulness

As we enter this holiday season, we are reminded of the many blessings in our lives—clean water, a safe community, friends and family, our pets, a close-knit neighborhood where people care for one another, activities and programs, and so much more. Practicing gratitude, even for the smallest things, helps us focus on what truly matters and brings peace and joy. Thankfulness isn't just for the holidays—it improves our emotional and physical well-being, reduces stress, lifts our mood, and strengthens personal connections. Gratitude doesn't erase challenges, but it helps us notice the moments that matter. When we share that perspective, we encourage and uplift our entire community. *"Enjoy the little things, for one day you may look back and realize they were the big things."* – Robert Brault

Youth Basketball Registration is Open

Open to ages 5 -17

Season: January 10 – February 28

Games: Saturdays at ACE High School Gym

Cost \$80 – includes uniform and award at the end of the season.

Register at www.helendalecsd.org – click on the park & recreation button.

If you would like to volunteer to coach, please send us an email or call us at 760-951-0006!

SIGN UP BY DECEMBER 8th

Teams will be drafted mid December.



Youth Cheer Registration is Open

Open to ages 3 - 14

Season: January 10 – February 28

Games: Saturdays at ACE High School Gym

Cost: \$80 – includes uniform and award.

Register at www.helendalecsd.org – click on the park & recreation button.

Cheer advisors needed - If you would like to volunteer email carmen.arr.mac@gmail.com.

SIGN UP BY DECEMBER 8th

Teams will be drafted mid-December.



COMMUNITY LUNCH: A Warm Welcome & Great Meal

We will be closed November 11th & 27th.

Monday through Friday from 11:30 – 12:30.

A voluntary \$4 donation is suggested for anyone over 60. For people under 60 lunch is \$7.50.

Menus available at www.helendalecsd.org



A Magical Mystical Christmas Music Fest

Hosted by Helendale Senior Outreach

**SATURDAY,
DECEMBER 20th
11:00 AM**

Enjoy a morning of holiday music performed by local talent!

**Limited seating
YOU MUST RSVP
Call Pam at 760-684-8801**



Helendale Thrift Store

Christmas Sale

- Christmas Trees
- Decorations
- Christmas Lights
- Raffle
- And More!

*If you love the earth...
Buy second hand first!*

November 21
11 am – 5 pm

26540 Vista Rd. Suite A. Helendale, Ca

Activities at the Senior Center

MONDAY at 10 am Wii Bowling & 12:30 pm Mexican Train

TUESDAY at 12:30 pm Mexican Train

WEDNESDAY at 10:15 am Tai Chi & 12:30 Mexican Train

THURSDAY at 10:00 Pinochle & 12:30 Mexican Train and on the 1st & 3rd Thursday BINGO at 10 am

FRIDAY at 10 am Bridge and Texas Hold 'Em

CELEBRATE BIRTHDAYS WITH US! On the 2nd Thursday of the month join us for our monthly birthday party at 1 PM. Belview Hospice generously provides the cake every month for the birthday celebrations!

Keeping the sewer pipes clean

Avoid FOG: Fats, Oils & Grease don't go down the drain

Pour cooled fats, oils and grease into a container and place it in the trash. Never pour oil, bacon grease, shortening, butter, salad dressing, sauces, cream, or mayo into the drain or toilet.

Keep the Sewers Fat Free

Wipe down dishes and cookware to remove grease rather than running water over them. This saves water and helps keep FOG out of the sewer. Don't use cloth towels because the grease will end up in the sewer when you wash them.

Use a Strainer in the Sink

Place a strainer in the sink to catch small scraps of food. Food scraps big and small can clog wastewater lines.

Save the Pipes and Don't Flush Wipes

Don't flush wipes down the toilet. Even "flushable" wipes cause problems in the wastewater pipes. They don't break down like toilet paper and can contribute to clogs.



Do You Have... The Right Stuff?

Win \$100 if you recycle the right stuff!

Residents who recycle correctly help keep rates lower for everyone and lower the amount of trash going to the landfill! You can help by taking the Recycling Challenge!!! For rules and the entry form go to www.helendalecsd.org or visit the office.



Our office will be closed on the following days:

November 11, 27 & 28, December 24, 25, 26 & 31 and January 1st.

Please note if there is a water or sewer emergency, you can call our after-hours service at 760-951-0006.

Group Sound Bath - Fridays 5:30 – 6:30 PM

Experience a crystal bowl sound healing bath. Sessions are held in the CSD Community room. Group sessions are \$25 a person. Reserve your spot by texting 805-674-0515 or email totalityhealing@outlook.com

Green Waste Drop Off

Green Waste drop off is available Monday through Saturday 11:00 am to 3:00 pm behind the Helendale Thrift Store. Some restrictions apply – see store for details

Board Meetings

The Helendale CSD Board of Director's meet on the First and third Thursday of every month at 6:00 PM.

The public may attend in person or virtually. Virtual meetings are held via Zoom - the access code is 463 173 8547 and the passcode is HCSD. Full agenda packets and links to our meetings can be found under the agenda tab at www.helendalecsd.org.

Sign up for ACH

Stop worrying about due dates - it's time to switch to ACH payments!

•**Never miss a payment!** Payments come out on the last business day of the month. **It's FREE:** No convenience fees!

Bring in a voided check and fill out the ACH form and get started today!

Legislative Office Hours

A representative for **Congressman Jay Obernolte** will be at the Helendale CSD on December 16th from 2:30 pm – 5:00 pm.

A representative for **Senator Rosilicie Ochoa-Bogh** will be here on December 16th from 11 am – 1 pm. Everyone is welcome! Representatives will be able to answer questions and assist with a variety of issues. No appointment needed.

Location: 26540 Vista Rd. Suite C.

Paperless Billing

Go paperless and simplify your billing! Sign up for E-Billing to receive your statements securely by email. It's fast, convenient, and eco-friendly. Call the office to make the switch today!