November 2023 Newsletter

Phone 760-951-0006

SERVIC

HELENDALE

Address 26540 Vista Rd. Helendale

Our Lobby is Open

Monday - Friday 8 am - 5:30 pm

Daily Lunch at the Community Center

Monday through Friday from 11:30 – 12:30. ALL ARE WELCOME A voluntary \$4 donation is suggested for anyone over 60, for people under 60 lunch is \$7.50. Menus available at www.helendalecsd.org

To our Community Volunteers...Thank You

Volunteers are the unsung heroes on the front lines making a difference in our community and making the world a better place. Helendale CSD would like to thank coaches. referees. our and league commissioners of our sports programs, clean up day volunteers, Senior Center volunteers, everyone who has participated in our community events, and the countless others who lend a hand without hesitation. Without these selfless individuals who generously give their time, we could not do what we do.

If you would like to join our growing list of volunteers and make a difference in your community, please call 760-951-0006 ext. 230.



Community volunteers at our Concert in the Park



Helendale COPs



Calvin and Missy Merritt, youth flag football & community events



Casey Watson, and the desert clean up crew



with General Manger

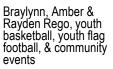
Kimberly Cox



Jarrod Sinclair, youth volleyball & youth soccer



The best way to find yourself is to lose yourself in the service of others." - Gandhi



Helendale Youth Baketball

Registration Fee - \$70 includes uniform, pictures and trophy. Games will be held on Saturday mornings at ACE High School January 13 – March 2. Co-ed league, ages 5-14.

Register online at <u>www.helendalecsd.org</u>, click on the Park and Recreation link. Registration deadline November 24th. No late registrations will be accepted.

Volunteer coaches & referees needed

If you would like to volunteer or if you have any questions, please call 760-951-0006 ext. 230 for more information.

Don't throw those scraps in the trash!



Bring your Thanksgiving food scraps to the Community Food Waste Drop Off

26540 Vista Rd. Located at the North end of the parking lot available 24 hours a day

Winter Watering Schedule: Between 9:00 am and 6:00 pm. Consider setting irrigation timers to "off", and manually water when your plants and lawns need it. Using the manual mode on your controller in winter can save water.



Please drop off all Thrift Store donations during our regular business hours to prevent theft and keep our donation area clean. Your donations are tax deductible and proceeds from the Thrift Store go directly back into the community by helping to fund our Community Park. When you drop off donations during normal business hours, please see one of our team members for your donation receipt.

The Thrift Store will also pick up your re-sellable items at no cost. To make an appointment, please call 760-952-1941.

If you have large items that are not re-sellable, you can contact the office at 760-951-0006 for a bulky item pickup. Customers can get up to 5 items picked up twice a vear.

Did you know you can drop off the following items at the Helendale Thrift Store Monday through Saturday from 11:00 am to 4:30 pm at NO COST!

Mattresses - no soiled mattress or mattresses with bed bugs.

Electronics - including tv's, computers, vacuums, toasters, coffee pots, printers, etc.

Cardboard - must be broken down.

Green Waste - some exclusions apply, cannot be bagged. Large Items – furniture, appliances, etc.



Keeping the sewer pipes clean

Avoid FOG: Fats, Oils & Grease don't go down the drain

Pour cooled fats, oils and grease into a container and place it in the trash. Never pour oil, bacon grease, shortening, butter, salad dressing, sauces, cream, or mayo into the drain or toilet.



Keep the Sewers Fat Free

Wipe down dishes and cookware to remove grease rather than running water over them. This saves water and helps keep FOG out of the sewer. Don't use cloth towels because the grease will end up in the sewer when you wash them.

Use a Strainer in the Sink

Place a strainer in the sink to catch small scraps of food. Food scraps big and small can clog wastewater lines. Bring food scraps to the Community Food Waste Drop Off at the Community Center.

Save the Pipes and Don't Flush Wipes

Don't flush wipes down the toilet. Even "flushable" wipes cause problems in the wastewater pipes. They don't break down like toilet paper and can contribute to clogs.

Activities at the Senior Center

Helendale Senior Outreach offers daily activities for seniors from 10 am to 2 pm at the Community Center including Wii Bowling, card games, Bingo and more. The Helendale CSD and Helendale Senior Outreach are proud to partner with Providence St. Mary Medical Group to offer activities and workshops for Helendale residents!

Crafts on the second and fourth Thursday of the month at 12:30. Space is limited to 20 participants. RSVP with Norma at 760-780-1123.

Forever Fit exercise class November 3rd & 17th at 10:45 am.

All activities and workshops will be held at the Community Center located at 26540 Vista Rd.

Be sure you are signed up on the Senior Center call list to get important reminders and information on classes and workshops. Call (760) 780-1123 to leave a message for Norma.

Upcoming Helendale CSD Board Meetings

Board meetings are held on the 1st and 3rd Thursday of every month at 6:00 pm. The Park & Rec Committee will meet on November 14th at 3:00 pm.

Full agenda packets and links to our meetings can be found under the agenda tab at www.helendalecsd.org.